

Delhi Urban Shelter Improvement Board  
Govt. of NCT of Delhi  
Punarwas Bhawan, I.P. Estate,  
New Delhi-110002

No: D-11/DDCAKAM/DUSIB/2023

Date: 18.04.2023


**ORDER**

Sub:-Regarding Har Ghar Dhyan Campaign.

Sh. G.L. Kateja, Deputy Director(Rehabilitation) is hereby nominated as Meditation Ambassador for above mentioned campaign under 'Azadi Ka Amrit Mahotsav' sponsored by Ministry of Culture, Govt. of India to celebrate and commemorate, 75<sup>th</sup> years of Independence. A copy of relevant letter dated 06.02.2023 forwarded by Jt. Secy., Govt. of India, Ministry of Culture is enclosed. The Meditation Ambassador will take all necessary action to make the Har Ghar Dhyan Campaign successful.

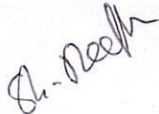
This issues with prior approval of the CEO, DUSIB.

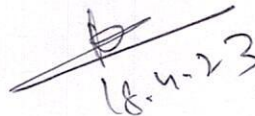
Encl.:- As above

  
(R.K. Gosain)  
17/04/23  
Director(Admn.)

Copy to:

1. P.S. to CEO, DUSIB for the kind information please.
2. Member(Admn.) for the information please.
3. Joint Secretary, Ministry of Culture, Govt. of India, Room No.334-A, 'C' Wing, Shastri Bhavan, Dr. Rajendra Prasad Road, New Delhi-110001 for kind information and necessary action please.
4. Dy. Secy. (Art, Culture & Language), 7<sup>th</sup> Level, C-Wing, Delhi Secretariat, New Delhi-110002 for information.
- ✓ 5. Dy. Director(IT) for uploading the same in the web-portal of DUSIB.
6. Office copy.



  
18.4.23

Diary No. 336 20(SXB) 2F  
Date 18.4.23  
Computer Division (DUSIB)  
Govt. of NCT of Delhi

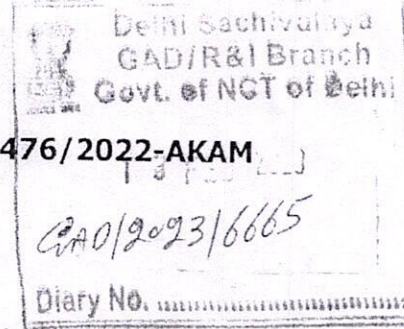


उमा नंदूरी  
संयुक्त सचिव  
Uma Nanduri  
Joint Secretary



75  
Azadi Ka  
Amrit Mahotsav

भारत सरकार  
संस्कृति मंत्रालय  
नई दिल्ली-110001  
GOVERNMENT OF INDIA  
MINISTRY OF CULTURE  
NEW DELHI-110 001



D.O. No. 42-22/476/2022-AKAM

Dated: 6<sup>th</sup> February, 2023

Respected Sir,

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements.

2. Ministry of Culture under Azadi ka Amrit Mahotsav have collaborated with The Art of Living to impart one-hour introductory sessions on meditation and mental health for people from all walks of life. The collaboration is called **Har Ghar Dhyam**, for which modules have been developed by Sri Sri Ravi Shankar ji. Trained faculty from Art of Living shall visit the premises of interested organizations and conduct these introductory sessions free of cost (subject to capacity and execution plan).

3. It is requested to urge various organizations in your State/UT to take benefit of this program and introduce meditation as a solution for positive mental health:-

- Educational – Schools, Colleges, Institutes, etc
- Corporate – All public / private corporations
- Government offices and departments, including municipal corporations, police forces, forests, etc
- Health establishments
- Independent public/private/civic associations and bodies

4. Each organization may fill up the request form on [tiny.cc/hgd-open](http://tiny.cc/hgd-open) and nominate a senior officer as Meditation Ambassador for this program. The Art of Living shall contact and coordinate with the nominated Meditation Ambassadors to conduct these sessions.

With warm regards,

Yours sincerely

[Uma Nanduri]

Shri Naresh Kumar

Chief Secretary of NCT of Delhi  
New Delhi

email: [csdelhi@nic.in](mailto:csdelhi@nic.in)