Delhi Urban Shelter Improvement Board Govt. of NCT of Delhi Punarwas Bhawan, L.P. Estate, New Delhi-110002

No: D-13 DD (AKAM) (DUSIB) 2023

Date: 12.05.2023

Circular

All the officials/officers of the Board are hereby informed that to commemorate and celebrate 75th years of Independence, the Ministry of Culture, Govt. of India under 'Azadi Ka Amrit Mahotsav' have collaborated with the Art of Living to impart 01 hour introductory sessions on meditation and mental health from all walks of life. The collaboration is called 'Har Ghar Dhayan' for which as informed the modules have been developed by Sri Sri Ravi Shankar Ji. Trained faculty of Art of Living will visit the premises of the interested Organizations and conduct these introductory sessions (free of cost).

In view of the above, the Division/Branch in-charges of DUSIB may send the names of the interested officers/officials under their charge to participate in this Program.

(G.L. Kateja)

Meditation Ambassador(AKAM)

Copy to:

1. P.S. to CEO, DUSIB for the kind information please.

2. Member(Admn.) for the information please.

3. All the Branches/Divisions of DUSIB are requested to send the details on the email: harghardhyan@yahoo.com (excel form only) in enclosed proforma.

A. Dy. Director (IT) for uploading the same in the web-portal of DUSIB.

5. Office copy.

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15.5.23

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Proforma

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Employee Code (If any)	Branch/Divison	Designation	Date of Birth in (DD/MM/YYYY)	E-mail Address	Mobile No.	Gender(M/F) Mobile No.	Name of the Gender(M/F) Mobile No.

Name & Designation of the Branch-Incharge